

Mentoring Programme



Mentoring – ‘12-week programme’

- £320/4 weeks (DIRECT DEBIT ONLY)
- Two sessions per child per week
- Available for both male and female students aged between 11-18
- Intense 60-minute sessions
- Available between 4pm-8pm on weekdays
- Available between 9am-5pm on weekends

Breakdown – What can I expect from these sessions?

- Interactive, uplifting sessions from a behavioural specialist
- A more focused and positive young individual
- A reinvigorated young person
- More calm and consistent behaviour from the young person
- An exploration of the young person’s entrepreneurial ideas
- More structure to the young person’s thoughts
- More direction in terms of the young person’s goals and targets
- A young person who is more financially literate than before

Why Proof-Reid®?

Proof-Reid® works in partnership with mentors with vast experience in a variety of settings. These mentors we source are sought after individuals with proven track records of helping children and adults to achieve highly. The mentors are behaviour specialists who have been able to help children in the most extreme of circumstances, have broad skill-sets, up-to-date information and a depth of knowledge surrounding the current generation. All mentors who provide a service to *Proof-Reid®* are rigorously vetted and chosen based on merit, experience and a genuine appetite for the role. All mentors are financially astute and literate and have a strong understanding of time and money and the relationship between them. They also have a mind for business and have either been involved in or are currently pursuing some sort of entrepreneurial journey.





Course Structure

Week 1 – Week 3

Healthy Living (Diet + Exercise) – 6 sessions

Week 1: Nutrition

Week 2: Exercising Your Body and Your Brain

Week 3: Balancing Act

Week 4 – Week 6

Knowledge Is Power (KIP) – 6 sessions

Week 4: Further Education & University Life

Week 5: Self-Education/Personal Development After Education

Week 6: Managing Your Time Effectively

Week 7 – Week 9

Financial Literacy and Managing Money – 6 sessions

Week 7: Linear Income VS Passive Residual Income

Week 8: Tax, National Insurance & Pensions

Week 9: Investments & Savings

Week 10 – Week 12

Entrepreneurship – 6 sessions

Week 10: Leadership Development and Personality For Business

Week 11: Advertisement & Branding

Week 12: Starting Your Own Business

